

Year 1 PSHE Learning Sequence

	Unit	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Term 1	Me and My Relationships	Why We Have Classroom Rules	How are you listening?	Thinking About Feelings	Our Feelings	Feelings and Bodies	Good Friends
Term 2	Valuing Difference	Same or Different	Unkind, Tease or Bully	Harold's School Rules	It's Not Fair	Who are our special people?	Our special people balloons
Term 3	Keeping Myself Safe	Super sleep	Who can help?	Good or bad touches	Sharing pictures	What could Harold do?	Harold loses Geoffrey
Term 4	Rights and Responsibilities	Harold has a bad day	Around and about the school	Taking care of something	Harold's money	How should we look after our money?	Basic first aid
Term 5	Being my Best	I can eat a rainbow	Eat well	Harold's wash and brush up	Catch it, bin it, kill it	Harold learns to ride his bike	Pass on the praise
Term 6	Growing and Changing	Healthy me	Then and now	Taking care of a baby	Who can help?	Secrets and surprises	Keeping privates private